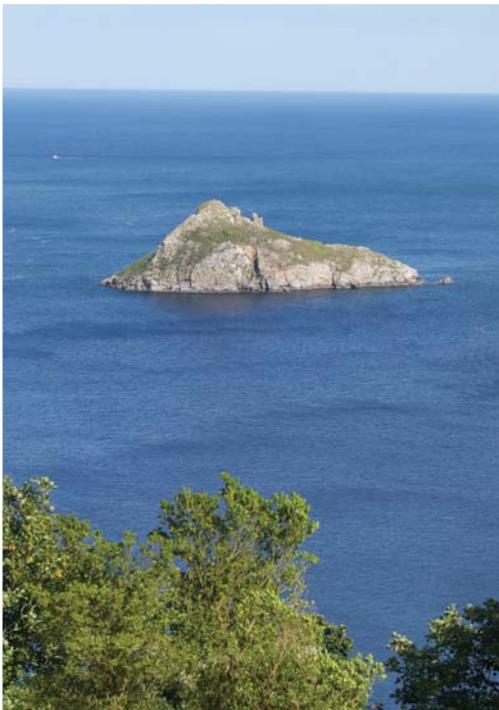




MANOR
LIFE

A matter of choice

Rated
"Excellent ✓"
by CQC regulators



Lincombe Manor Care Centre

Torquay

A Matter of Choice

Luxury Residential and Nursing Care Home



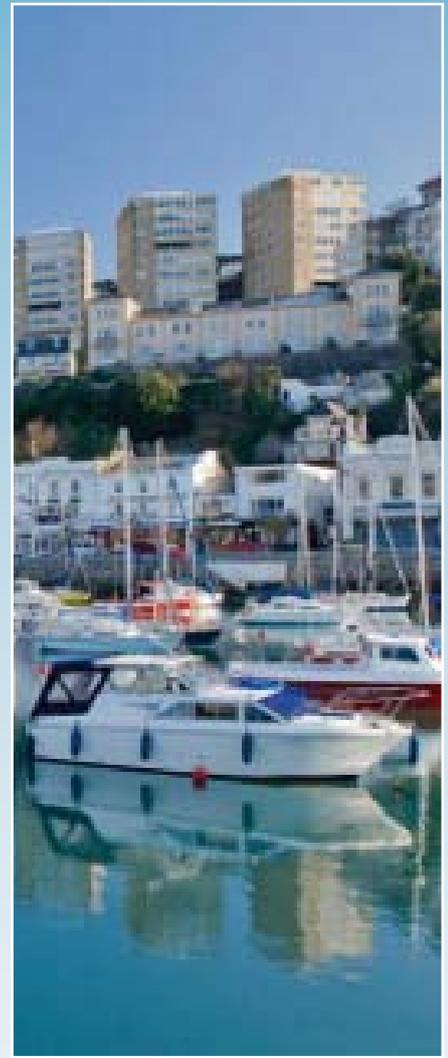
Lincombe Manor Care Centre

Welcome to Lincombe Manor

Lincombe Manor residential care home in Torquay offers the finest Residential and Nursing Care for older people in the South West.

Our Torquay care home is a modern, purpose built facility; expertly designed to meet the needs of its residents and in the much sort after area of the Lincombes, just one mile from Torquay town centre. Lincombe Manor Care Centre opened in Devon in early 2012 and is managed by Manor Life, a leading care provider in the UK who offers long and shorter convalescent, intermediate and rehabilitation care services for older people. Round the clock nursing and personal care is always on hand.

Our care home has 48 bedrooms all with en-suite walk in shower rooms. Communal rooms offer a choice of tranquil settings, creating an important therapeutic atmosphere. This is thoughtfully reflected by the space and light enjoyed in our quiet lounge area that offers almost panoramic sea views across the bay of Torquay. Another communal room offers traditional entertainment; a flat screen Television with DVD player with drinks facilities for residents and their guests. All of our living spaces enjoy looped hearing systems that are available to ensure residents are relaxed and share special moments together.



A Matter of Choice

The Lincombe Manor residential care centre is a purpose-built residential and nursing home offering care services for older people.

We believe Lincombe Manor is your home and we like you to treat it exactly like home. There are no fixed visiting hours so friends and family can come and see you at any time. You decide what you want to do and when to do it. Enjoy our 'restaurant standard' food; we are able to cater for individual dietary requirements and offer an alcoholic drink with all main meals.

Whether it's relaxing in your own room or enjoying a chat with friends with a glass of wine before dinner, or just sitting out on one of our many sea view terraces; life at Lincombe Manor is what you want it to be.

Come and see for yourself why we are so proud of our care home. Visit us any time for a cup of tea and a chat and we will show you around the home and introduce you to the people, who day in day out, make this home flourish.



Lincombe Manor Care Centre

Located in beautiful Torquay, moments from the town centre, enjoying wide panoramic sea views. Lincombe Manor is set in beautiful mature grounds with breathtaking views out over Torbay. At the heart of this relaxed and tranquil setting is the Manor House, a magnificent Grade II listed building dating back to 1864.

Torquay is part of the stunning English Riviera, which also includes Paignton and Brixham. The English Riviera is a resort in the truest sense of the word, attracting people of all ages and interests. Torquay is undergoing a water-front regeneration and a number of new attractions can be seen in Torquay, it's a true English seaside town that has something for everyone.



It was the Victorians who first used the English Riviera name to describe their favourite resort and their legacy remains to this day with sparkling white buildings perched on the verdant hilltops, beautiful gardens around the seafront and elegant Victorian facades along the main streets. Torquay's famous seven hills provide the backdrop to a waterfront scene that matches anything you'll find on the French Riviera. Author Agatha Christie found the area inspirational for her work.



Bedroom & Lounges

Lincombe Manor Care Centre combines spacious, luxury accommodation with the latest modern facilities in a beautiful setting and offers the best possible residential and nursing care.

All rooms are private and offer the ultimate in comfort and security, with an en-suite shower room and a number of rooms that benefit from spectacular sea views. They have been furnished by professional interior designers to reflect the peace and tranquillity of coastal living and feature the highest standard of fixtures, fittings and fabrics. A plasma TV screen is provided in each room for your personal entertainment.



Each room benefits from a personal direct dial telephone system allowing uninterrupted communication by family and friends direct to your room, and every room offers a 24-hour emergency nurse call system.

Beds are electronically adjustable with multi-postural positioning, comfortable seating with complementary foot stool and space for additional medical equipment, should this ever be required. Personal belongings are encouraged, including small furnishings, paintings and photos.

Each day is yours: We can entertain you or you can entertain your friends in one of our comfortable lounges. Sit and gaze out at the sea from our conservatory or you may wish to take a stroll down our roof top walk way and take in the fresh sea air.



Food and Drink

Eat, Drink & Be Merry

Lincombe Manor Care Centre recognises that, for many of us, the enjoyment of good food is an important part of our lives. Our team of chefs do their utmost to accommodate our residents' wishes through the preparation of mouth-watering meals using the freshest ingredients and local suppliers wherever possible. The menu choices change constantly and include many traditional dishes whilst also encouraging residents to sample a variety of new tastes which they may not have had the opportunity of experiencing before. Our food is freshly cooked to order and prepared with care.



Particular attention is given to the nutritional requirements of each resident and we can cater for special and therapeutic diets as advised by specialist staff and as agreed in each resident's plan of care.

Breakfast, is served in the dining room or in the comfort of each resident's own room at the time of their choice. Morning coffees and afternoon tea, with a selection of our homemade cakes and pastries, are available in the sitting rooms or delivered to each resident's room. Tea, coffee and soft drinks are freely available at any time, and visitors are welcome to join our residents for meals or simply chat over a cup of tea or coffee.

Birthday parties and other celebrated events are deemed extremely important and our chefs and catering manager are always delighted to meet and discuss arrangements, and to assist in any way they can.

We are able to arrange special meals such as diabetic, halal, vegetarian and non-vegetarian meals. We also encourage you to make suggestions as to the meals that should be available.

Activity Programme

As a Lincombe Manor Care Centre resident you will have access to a wealth of facilities and a varied programme of activities. We all know that keeping active is important and you'll find an environment that's socially stimulating.

Our dedicated activities team runs a social programme which includes arts and crafts, various workshops, music, entertainment and gardening. Many of our residents see living at Lincombe Manor Care Centre as an opportunity to develop a new skill or interest.

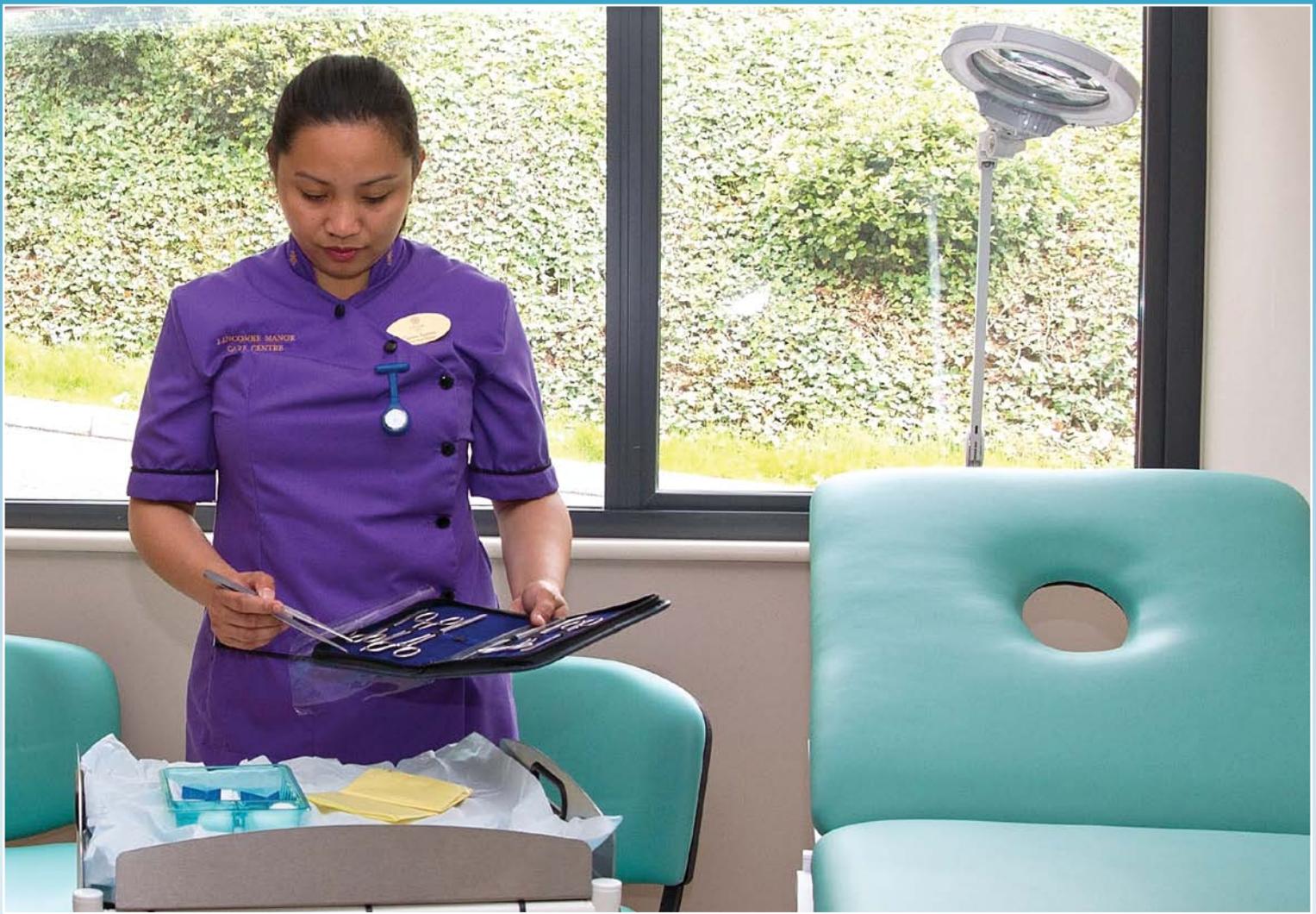
We focus not only on your physical health but also on your social, psychological and spiritual health wishes. The importance of mental and physical stimulation is widely recognised as a way of improving general well-being and our programme of activities caters for a wide range of needs and abilities.





A weekly programme of activities and social events





Nursing Care Services

The Lincombe Manor Care Centre is the perfect choice for those in search of quality care, an active social life, comfortable surroundings and delicious home cooked meals in a warm, welcoming environment.

Friendly, highly qualified nursing staff are in attendance 24-hours a day, and the residents that they support are given the very best care and attention. Resident's individual requests are constantly monitored and are continually tailored to meet their specific needs.

Licensed to care for people who may require our empathy, love and understanding whilst receiving personalised care, treatment and support, our services are available to those with a wide range of daily living and clinical care needs.

Residents can draw upon our professional management of complex care needs as nursing care services can often include continence care, wound care, medication management, diabetic control, catheter care, colostomy care, physical frailty and immobility.



Dedicated Nursing Team

All staff are carefully selected, not only for their expertise and qualifications, but also for their warmth, sensitivity and dedication. A team is available 24-hours a day, 365 days a year to provide the best possible care to each resident.

Manorlife provides on-going training, learning and development opportunities to all of its employees and our nursing staff are all registered with the Nursing and Midwifery Council. As a local provider of specialist care we work closely with multidisciplinary healthcare groups and GPs to ensure all clinical needs are met.

Staff working at the Lincombe Manor Care Centre have available to them the latest nursing equipment to monitor, audit, assess and treat their resident's needs. Equipment provided meets the latest safety standards for the benefit of staff and residents alike. All considerations are taken to promote the control of infection and our Housekeeping teams strive for a fresh and pleasant environment. We aim to provide the best care, support and advice by working with our residents and their families to develop an individual plan of care which all our team follow.



Residential Care

Quality of life is always an important consideration. As we get older, it's even more important.

Often it gets harder to manage on our own, or we need a little more help than we currently receive. Choosing to live in a care home can make a dramatic difference to our general quality of life. At Lincombe Manor our facilities and services for longer term residential care not only includes luxury accommodation, delicious home-cooked meals, individual support and personal care (such as bathing, toileting and dressing) but also additional help is on hand to access a wide variety of social activities for everyone to get involved in.

Lincombe Manor Care Centre offer specialist services to the NHS; re-ablement activities include therapeutic and cognitive exercise to maintain ones well-being, and our services focus not only on resident's physical health but also on one's psychological and spiritual needs.

At the Lincombe Manor Care Centre, our facilities are not only state-of-the art but we have highly trained care staff who focus on maintaining people's dignity, promote independence and cater for each individuals needs. This creates a warm community environment where you feel a strong sense of belonging and enjoy a great quality of life.



Convalescent Care and Short Breaks

Everyone deserves time out. Whether you care for a relative, are a professional carer, or are in need of permanent care yourself, taking a break from your usual routine can do wonders for you. Convalescent care and short breaks tailored for your individual needs, are available at Lincombe Manor Care Centre.

As a carer you can relax, knowing that your relative, friend or patient is in a safe, welcoming environment with first-class care tailored to their needs. A convalescent stay at Lincombe Manor Care Centre gives many people the opportunity to experience excellent service among friendly and welcoming staff and residents alike.

Convalescent and re-ablement stays are always short-term. Even with short stays the relationships that the individual builds between the Care Centre and themselves give great reassurance to all concerned, especially if a longer stay ever becomes necessary. Convalescent care is also ideal for those who are well enough to leave hospital but not yet well enough to return home. We offer this intermediate care and support to those seeking to regain or relearn skills that may have been lost, thus improving the service users confidence to live independently again.

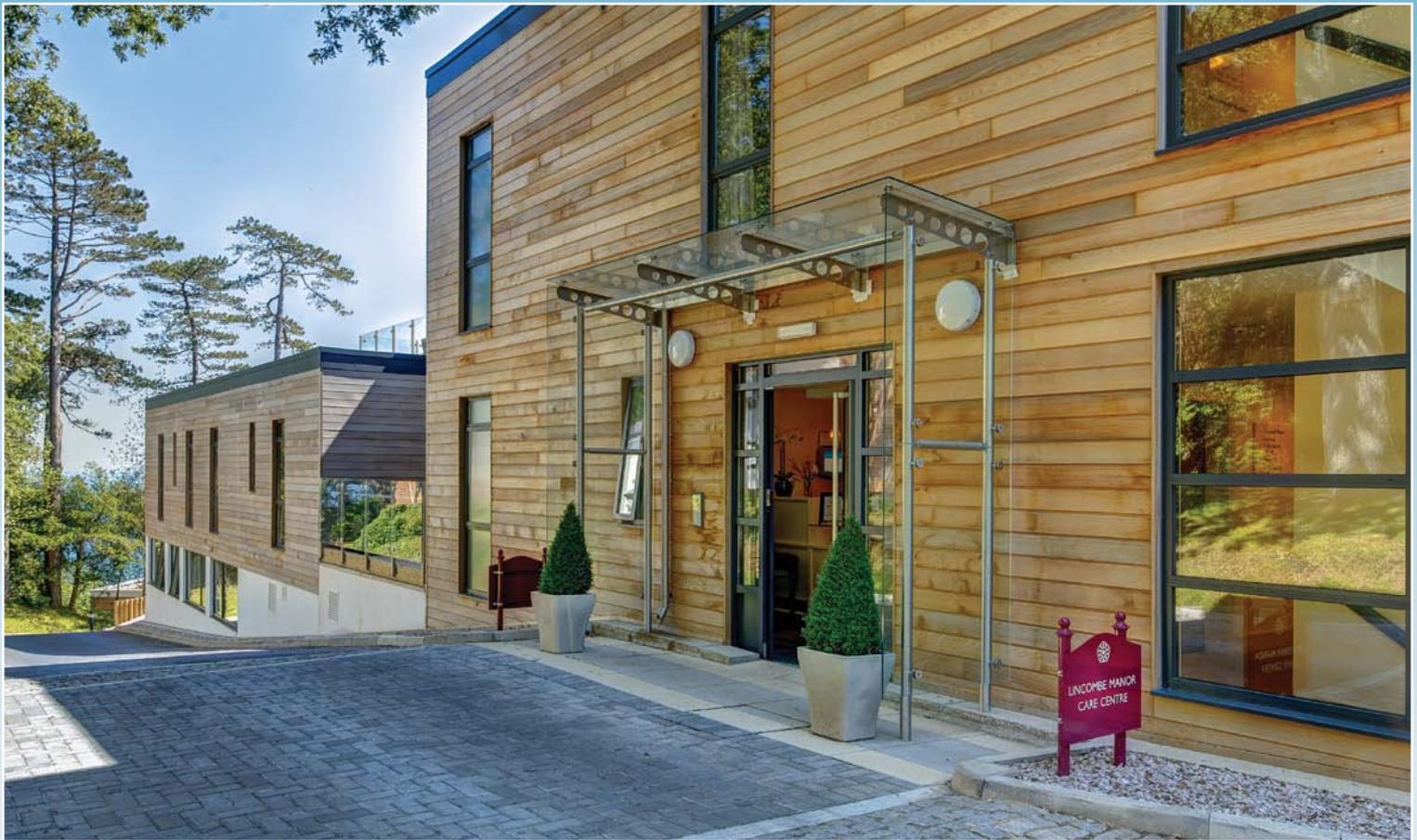


End of Life Care

At Lincombe Manor Care Centre, the best quality care is given to the people we support at all stages of their lives. This is especially important when it comes to our end-of-life services for people who are not expected to recover.

Our nurse-led team work with highly skilled, multi-disciplinary professionals to provide 24-hour specialist care to individuals with end stage illnesses.

Our environments offer the space, tranquillity and carers to provide this crucial support needed by individuals, their family and friends in these difficult times. The highest quality of care and attention is given to those nearing the end of their life and this includes pain management, physical, psychological and spiritual care, as well as emotional support.



Nursing & Care Services

All care services are provided offering the greatest flexibility and costs are based on the level of Nursing and Care support required for each resident in any 24 hour period. A Person Centred Care Plan is written for each resident.

- Residential rooms with full en suite providing a shower wet room
- Use of all communal residential areas including TV lounges, sea view terrace and garden dining room
- Dining services of three daily well balanced delicious meals in our elegant dining room or by room service
- Daily snacks and refreshments available in the Care Centre coffee lounge
- Events and daily activities covering, educational, recreational religious and cultural topics
- Choice of quiet area for relaxation
- Inclusion in Manorlife Health and Wellness programme
- Weekly cleaning of resident's room with daily spot cleaning and rubbish removal
- Linen and towels provided as required with weekly personal laundry service
- Electric multi positional bed with pressure reduction mattress. Choice of bedding, Personal foot stool
- Quality furnishings and artwork in communal areas
- Council tax, utilities, telephone, television, licencing and Wi Fi services (excluding call charges)
- Use of gardens, manor house terrace, private woodlands and sensory garden
- Complete maintenance of building and grounds
- Regular communication with residents own doctor
- Further hotel services can be provided at an additional cost include items such as hair care, chiropody, guest meals, room services etc



Luxury Residential Nursing Care

Manorlife

Manorlife understands that choosing a residential care home is as much about being able to live life to the full in comfortable surroundings; as it is about receiving individual professional and expert care. Choosing a Manorlife Care Home is a positive option and a place where you or your loved one will enjoy living.

Manorlife care homes are located in stunning countryside or coastal surroundings, a retreat that offers a range of facilities, services and activities designed to enhance your quality of life. Manorlife is setting new standards in care delivered by an independent provider. With striking buildings, stylish interior designs, and a holistic and collaborative approach to care, with local multi-disciplinary health care teams we both ensure all of your clinical and personal care needs are met.

Manorlife offers a caring culture based on its experienced care team who work on developing and maintaining positive relationships. You are involved in all decisions about the care and support you receive from our warm, friendly, positive and polite staff team. In the South West we are setting the standard in residential, nursing and rehabilitative care through social and clinical excellence and by being responsive to the unique needs of every resident, whilst maintaining their privacy, dignity and security at all times.



Directions to Lincombe Manor

Leaving the M5 or the A30, follow signs A380 to Torbay and continue for about 13 miles – go straight on at the Penn Inn roundabout to Newton Abbot. At the next main roundabout take the first exit onto the A3022 Riviera Way. Continue for about 2.6 miles.

Proceed onto the B3199, Avenue Road, to Torquay sea front. At the sea front turn left, follow the main road beside

the sea passing the Princess Theatre. Continue past the harbour and turn left at the clock tower onto Torwood Street. At the traffic lights turn right onto Park Hill Road, which very soon becomes Meadfoot Road. Continue up Meadfoot Road and take the second left into Higher Woodfield Road.

Take the second right into Middle Lincombe Road –



the road actually bears left into Ridgeway Road and Middle Lincombe Road is straight on. Continue to the very end of Middle Lincombe Road, where you will see the entrance to Lincombe Manor.

Postcode for satellite navigation systems: TQ1 2AF



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Lincombe Manor Care Centre
Middle Lincombe Road, Torquay, Devon, TQ1 2AF
01803 389800
www.manorlife.com

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